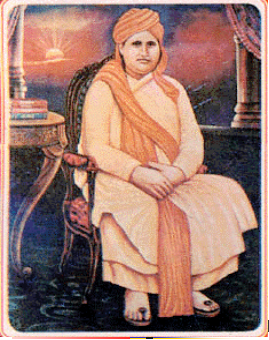


शुभं नववर्षम्

HAPPY
NEW YEAR
2019

Ārya Samāj Greater Houston

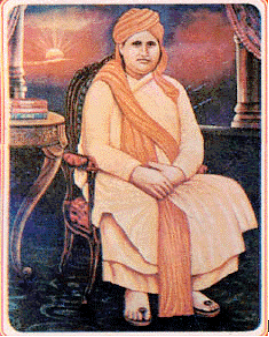


2019
Happy New Year



The first of January is another day dawning, the sun rising as the sun always rises, the earth moving in its rhythms.

Yet also we stand at a threshold, the new year something truly new, still unformed, leaving a stunning power in our hands.



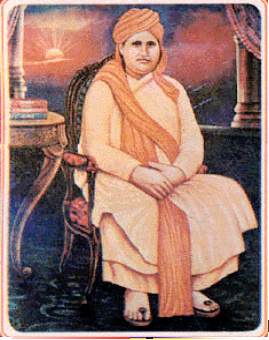
2019 Happy New Year



- As always, we take this time to look back at the year behind us and the year ahead, with great anticipation as to what will come.
- We carry the lessons of the past with us and look confidently forward, as we always do.
- Each day brings new challenges and each day we meet these challenges with grit and zeal and thus overcome them with ease.

2019-01-01

By Dr. Suryanarayan Nanda
for Arya Samaj Greater Houston



2019
Happy New Year



The date itself is really not important.
Each new day presents a new beginning, a time
of possibility.

2019-01-01

By Dr. Suryanarayan Nanda
for Arya Samaj Greater Houston



2019
Happy New Year



Remember this year like every one, will bring obstacles and opportunities.

Each challenge brings us together and each accomplishment makes us stronger.

We can indeed achieve anything that we put our minds to .



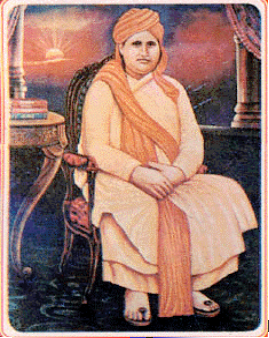
2019
Happy New Year



We take time to look at the struggles of the last year, reminding us not only of difficulty, but also to remind ourselves of the strength we showed, the wisdom we gained, and the support we found from loved ones that helped us through.

2019-01-01

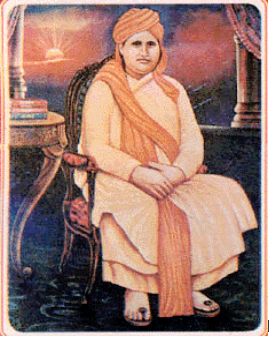
By Dr. Suryanarayan Nanda
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2019
Happy New Year



The beauty of human life is
constant improvement
by appraising the past,
re-envisioning the future, and
enriching the present.



2019
Happy New Year



God's plan for man is for evolution and progress in every way because this life is meant to give each individual a scope that may end in total perfection.

You are meant to gradually unfold this Divine perfection within you and consciously make this divine perfection completely manifest in your life and reflect in and through your day-to-day activities.

2019-01-01

By Dr. Suryanarayan Nanda
for Arya Samaj Greater Houston



2019
Happy New Year



On the threshold of the New Year
convert yourself into a herald of Divinity.
Lead a Divine Life of Love, service, devotion,
discipline and wisdom.
May the New Year witness you develop into a
perfect and ideal being .



2019
Happy New Year



Make it a point to radiate love.

Become a center of spirituality through a regulated life of combined selfless activity and earnest prayer.

Console the distressed with help, cheer up the depressed with hope. Infuse new vigor into the timid and the faltering in faith.



2019
Happy New Year



Let us remember to celebrate all the graces we have received; let our heart sing with thankfulness for the air we breathe and the earth we walk upon; let us never tire of being filled with wonder at the glory of God.

2019-01-01

By Dr. Suryanarayan Nanda
for Arya Samaj Greater Houston

नववर्ष शुभं भवतु
2019

सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः ।
सर्वे भद्राणि पश्यन्तु मा कश्चिद् दुःखभाग् भवेत् ॥

May all become Happy,
May all be free from Illness,
May all see what is Auspicious,
May no one suffer.

Arya Samaj Greater Houston



2019
Happy New Year



LESS

TALKING
PLANNING
SODA
JUNK FOOD
COMPLAINING
WORRYING
DOUBTING
LAZING AROUND
FROWNING
INSECURITY
WEAKNESS
IGNORANCE
HATE
UNGRATEFULNESS

MORE

LISTENING
DOING
TEA
SALADS
ENCOURAGING
HOPING
BELIEVING
WORKING OUT
SMILING
TRUST
CONFIDENCE
UNDERSTANDING
LOVE
GRATITUDE